




August 2025

Southbridge Lakehead



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
9:30 Garden Care 3 10:30 Virtual Church Service 11:00 1-on-1 (5) 2:30 Bible Readings 2:30 Celebrating the Italians in Thunder Bay	9:30 Garden Care 4 10:00 Coffee on the Patio 11:00 1-on-1 (6) 1:00 Making Popcorn/Treats for Movie (AR) 2:00 "Hachi" A True Story about a Dog with Richard Gere (CR) 6:30 Travel to British Columbia (CR)	9:30 Garden Care 5 10:00 Senior Fitness 11:00 1-on-1 (2) 2:30 Baking 6:30 Roller Coaster/Ferris Wheel Rides (CR)	9:30 Garden Care 6 10:00 Hairdresser Visit (AR) 10:30 Manicures (2,3) 11:00 1-on-1 (3) 2:30 Crafts 6:30 Watermelon Wednesday (All Floors)	9:30 Garden Care 7 10:00 Fresh Air Walks 11:00 1-on-1 (4) 11:00 Outing to CLE 3:00 Traveling Cones (All Floors) 6:30 Lighthouses on the Great Lakes (CR)	9:30 Garden Care 8 International Cat Day 9:30 Seated Soccer 9:30 Garden Care 11:00 1-on-1 (5) 12:00 BBQ on the Patio 2:30 Lawn Darts Tournament (Front Lawn) 5:00 Calling All Cat Lovers (CR)	9:30 Garden Care 9 10:00 Fresh Air Walks 11:00 1-on-1 (6) 1:15 Jennifer & Maggie (dog) Visit 2:00 Dog Days Bingo (All Floors)
9:30 Garden Care 10 10:30 First Wesley Church Service 11:00 1-on-1 (2) 2:00 Bedside Hymns (All Floors) 2:30 Bible Readings	9:30 Garden Care 11 10:00 Exercise Group (All Floors) 11:00 1-on-1 (3) 2:30 Baking Zucchini Cake (AR) 6:30 It's A Guy Thing	9:30 Garden Care 12 10:00 Senior Fitness 11:00 1-on-1 (4) 11:30 Outing to Chippewa 2:00 Making Sangria (AR) 6:30 World Elephant Day (CR)	9:30 Garden Care 13 10:00 Hairdresser Visit (AR) 10:30 Manicures (4,5) 11:00 1-on-1 (5) 2:30 Jammin with Sherry & Jim & Residents Too! 6:30 Left Handers Day (CR)	9:30 Garden Care 14 10:00 Fresh Air Walks 11:00 1-on-1 (6) 1:30 Outing Vickers Park 6:30 Music of the Beach Boys (CR)	9:30 Seated Soccer 15 9:30 Garden Care 11:00 1-on-1 (2) 2:30 Museum Presentation (DR) 6:30 Puzzle Group (AR)	9:30 Garden Care 16 10:30 Fresh Air Walks 11:00 1-on-1 (3) 3:00 Outing to Old Fort (Keeshigun)
9:30 Garden Care 17 10:30 Virtual Church Service 11:00 1-on-1 (4) 2:30 Bible Readings 2:30 All My Relations Drummers (DR)	9:30 Garden Care 18 10:00 Exercise Group (All Floors) 11:00 1-on-1 (5) 12:00 Field Tomato Sandwich Lunch (Patio) 2:30 Traveling Books, Magazines, DVD's 6:30 Melon Monday	9:30 Garden Care 19 10:30 Baking 11:00 1-on-1 (6) 2:30 Welcome Tea (DR) 6:30 Music of Connie Francis (CR)	9:30 Garden Care 20 10:00 Hairdresser Visit (AR) 10:30 Manicures (6,2) 11:00 1-on-1 (2) 2:30 Ode to Summer with Janet & Patsy Towell (DR) 6:30 The Famous Dionne Quintuplets (CR)	9:30 Garden Care 21 10:00 Fresh Air Walks 11:00 1-on-1 (3) 1:45 Fishing Mountdale Docks 6:30 Making a Dessert for BBQ	9:30 Seated Soccer 22 9:30 Garden Care 11:00 1-on-1 (4) 5:00 BBQ on the Patio 6:30 Blowing Bubbles (Patio)	9:30 Garden Care 23 10:00 Fresh Air Walks 11:00 1-on-1 (5) 1:15 Jennifer & Maggie (dog) Visit 2:30 Bingo (DR)
9:30 Garden Care 24 10:30 Virtual Church Service 11:00 1-on-1 (6) 2:30 Bible Readings	9:30 Garden Care 25 10:00 Exercise Group (All Floors) 11:00 1-on-1 (2) 2:00 Spiritual Sherry 6:30 Banana Splits Day (Patio)	9:30 Garden Care 26 10:00 Making Bannock (AR) 11:00 1-on-1 (3) 11:30 Lunch @ Dairy Queen 2:30 Smudging (Patio) 3:00 Gathering/Bannock & Tea (DR) 6:30 Dog Appreciation	9:30 Garden Care 27 10:00 Hairdresser Visit (AR) 10:30 Manicures (3,4) 11:00 1-on-1 (4) 2:30 Resident Council Meeting (DR) 6:30 Crafts (AR)	9:30 Garden Care 28 10:00 Fresh Air Walks 11:00 1-on-1 (5) 2:30 Birthday Party (DR) 6:30 It's A Girl Thing (CR)	9:30 Seated Soccer 29 9:30 Garden Care 11:00 1-on-1 (6) 2:30 Games Group 6:30 Cribbage/Card Games (CR)	9:30 Garden Care 30 10:00 Fresh Air Walks 11:00 1-on-1 (2) 2:30 Bingo (DR)
9:30 Garden Care 31 10:30 Virtual Church Service 11:00 1-on-1 (3) 2:00 Bedside Hymns (All Floors) 2:30 Bible Readings	