



June 2025

Southbridge Lakehead



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Say Something Nice Day 1 10:30 Bulletin Boards & Calendars (All Floors) 11:00 1-on-1 (2) 2:00 Epic Cones Ice Cream Truck 3:30 Manjot's 1:1 Exercises (All Floors)	9:45 Outing to City Hall for Senior's Month 2 11:00 1-on-1 (3) 2:30 Crafts 3:30 Manjot's 1:1 Exercises (All Floors) 6:30 Fun Facts (Part 1) (CR)	10:00 Senior Fitness 3 11:00 1-on-1 (4) 2:30 Traveling Books, Magazines/DVD's (All Floors) 6:30 More Fun Facts (CR)	10:00 Hairdresser Visit (AR) 4 10:30 Manicures (2,3) 11:00 1-on-1 (5) 2:30 Jammin with Sherry & Jim (Patio) 3:30 Manjot's 1:1 Exercises (All Floors) 6:30 It's A Guy Thing/NHL Final Round (CR)	10:00 Fresh Air Walks 5 11:00 1-on-1 (6) 2:30 Taste Testing New Summer Menu (DR) 3:30 Manjot's 1:1 Exercises (All Floors) 6:30 Kung Fu with Manjot (CR)	9:30 Barbeque Prep (AR) 6 11:00 1-on-1 (2) 12:00 1st BBQ (Patio) 2:00 Puzzle Swap @ Brodie Library 3:30 Manjot's 1:1 Exercises (All Floors) 6:30 Puzzle Group	10:00 Fresh Air Walks 7 11:00 1-on-1 (3) 1:15 Jennifer & Maggie (dog) Visit 2:30 Bingo
10:00 Making Carmel Corn for Movie (AR) 8 10:30 Virtual Church Service 11:00 1-on-1 (4) 6:30 A Father's Day Movie (CR)	10:00 Exercise Group (All Floors) 9 11:00 1-on-1 (5) 2:00 Gardening Group (Patio) 3:30 Manjot's 1:1 Exercises (All Floors) 6:30 Travel to Italy (CR)	10:00 Senior Fitness 10 10:00 Baking 11:00 1-on-1 (6) 2:30 Smudging/Gathering Circle with Tammy 3:30 Manjot's 1:1 Exercises (All Floors) 6:30 Cribbage Card Game (CR)	10:00 Hairdresser Visit (AR) 11 10:30 Manicures (4,5) 11:00 1-on-1 (2) 2:30 Klown Band (DR) 3:30 Manjot's 1:1 Exercises (All Floors) 6:30 NHL Stanley Cup 2025 Celebrations (CR)	10:00 Fresh Air Walks 12 11:00 1-on-1 (3) 2:00 Outing to Robin's for Coffee & Donuts 6:30 Let's Stop & Smell the Roses (A Look @ Roses)	9:30 Seated Soccer 13 11:00 1-on-1 (4) 2:30 A Bingo in Honour of Dad's (DR) 3:30 Manjot's 1:1 Exercises (All Floors) 6:30 Father's Day Word Search (All Floors)	10:00 Fresh Air Walks 14 10:30 Cap's Off to Dad's Photo Booth 11:00 1-on-1 (5) 2:00 Spiritual Sharing's with Sherry (All Floors) 3:30 Manjot's 1:1 Exercises (All Floors)
Caps Off to Dad's- Happy Father's Day 15 10:00 Pizza Prep (AR) 11:00 1-on-1 (6) 2:30 Pizza/Poker/near Beer (DR)	9:30 Garden Care 16 10:00 Exercise Group (All Floors) 11:00 1-on-1 (2) 2:30 Gardening Group 2:30 Making a Cat Scrapbook (AR)	9:30 Garden Care 17 10:00 Brown Bag Lunch Prep (AR) 11:00 Fishing to Mountdale Docks 11:00 1:1's (3) 2:30 Welcome Tea (DR) 6:30 Patio Games	9:30 Garden Care 18 10:00 Hairdresser Visit (AR) 10:30 Manicures (6,2) 11:00 1-on-1 (4) 2:00 Pie Baking (AR) 6:30 More Pie Baking (AR)	9:30 Garden Care 19 10:00 Fresh Air Walks 11:00 1-on-1 (5) 2:30 Pie Social (DR) 6:30 Comedy Night (CR)	9:30 Garden Care 20 9:30 BBQ Prep (AR) 11:00 1-on-1 (6) 12:00 BBQ (Patio) 2:30 R.C. Communion Service 6:30 Puzzle Group	First Day of Summer 21 9:30 Garden Care 10:00 Planting Up Our Canoe (front lawn) 11:00 1-on-1 (2) 2:30 Bingo (DR)
9:30 Garden Care 22 10:00 No Bake Baking (AR) 10:30 Virtual Church Service 11:00 1-on-1 (3) 2:30 All My Relations Drummers (DR)	9:30 Garden Care 23 10:00 Exercise Group (All Floors) 11:00 1-on-1 (4) 2:30 Traveling Cones (All Floors) 6:30 Pink Day Card Bingo (CR)	9:30 Garden Care 24 10:00 Senior Fitness 11:00 1-on-1 (5) 2:30 Baking 2:30 Museum (Guessing Game) 6:30 Games	9:30 Garden Care 25 10:00 Hairdresser Visit (AR) 10:30 Manicures (3,4) 11:00 1-on-1 (6) 2:30 Resident's Council Meeting (DR) 6:30 It's A Guy Thing/Fishing (CR)	9:30 Garden Care 26 10:00 Fresh Air Walks 11:00 1-on-1 (2) 2:30 Birthday Party (DR) 6:30 Colouring Group	9:30 Seated Soccer 27 9:30 Garden Care 11:00 1-on-1 (3) 2:00 Games Group 3:00 Anglican Church Service 6:30 "I Wear My Sunglass" Party (CR)	9:30 Garden Care 28 10:00 Fresh Air Walks 11:00 1-on-1 (4) 1:15 Jennifer & Maggie (dog) Visit 2:30 Bingo
9:30 Garden Care 29 10:30 Virtual Church Service 11:00 1-on-1 (5) 2:00 Bedside Hymns (All Floors) 2:30 Bible Readings	9:30 Garden Care 30 10:00 Fruit & Dip Prep (AR) 11:00 1-on-1 (6) 2:30 Traveling Fruit & Dip (Lounges) 6:30 Music of the Bee Gees (CR)	(AR) Activity Room, Hairdressing Shop 2nd Floor (DR) Dining Room, Main Floor (CR) Council Room, Main Floor (2,3,4,5,6) indicate Home areas/Lounges * Programs/Activities are Subject to Change				