




May 2025

Southbridge Lakehead



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Mental Health Week 4 10:00 Bulletin Board Decorating (All Floors) 10:30 Card Bingo (2) 11:00 1-on-1 (5) 2:00 Mother's Day Movie (CR)</p>	 <p>Cinco de Mayo 5 10:00 Decorating for Cinco de Mayo 11:00 1-on-1 (6) 2:30 Crafts (AR) 6:00 Making Nachos Appetizers (AR) 6:30 Travel to Mexico/Margaritas/Nachos (CR)</p>	 <p>10:00 Baking Bannock (AR) 6 11:00 1-on-1 (2) 2:00 Smudging with Tammy (Front Lawn) 3:00 Bannock & Tea (DR) 3:30 Group Crossword Puzzle (6th Floor)</p>	<p>(AR) Activity Room, Hairdressing Shop 2nd Floor (DR) Dining Room, Main Floor (CR) Council Room, Main Floor (2, 3, 4, 5, 6) Indicate Home Areas/Lounges Programs/Activities are Subject to Change</p> <p>10:00 Hairdresser Visit (AR) 7 11:00 1-on-1 (3) 2:00 Patio/Garden Clean Up 6:30 Manicures (AR) 6:30 NHL Playoff's (CR)</p>	<p>10:00 Coffee & Conversation (AR) 1 11:00 1-on-1 (2) 2:00 Mother's Day Crafts (All Floors) 2:30 Games (DR) 6:30 Colouring May Flowers Group (AR) 7:00 NHL Playoff's Continue (CR)</p> <p>10:00 Fresh Air Walks 8 11:00 1-on-1 (4) 2:00 Spiritual Sharing's with Sherry (All Floors) 6:30 Pop Bottle Gardening (AR)</p>	<p>9:30 Seated Soccer 2 11:00 1-on-1 (3) 2:30 Bingo (DR) 6:30 Puzzle Group</p> <p>9:30 Seated Soccer 9 11:00 1-on-1 (5) 2:30 River St. Strummers (DR) 6:30 Mother's Day Word Search (All Floors)</p>	<p>10:00 Fresh Air Walks 3 11:00 1-on-1 (4) 1:30 Making Lucky Charms Treats (AR) 2:30 Card Bingo (lounges)</p> <p>10:00 International Migratory Bird Day/Quiz (CR) 10 11:00 1-on-1 (6) 12:00 Teen Burger Lunch (CR) 1:15 Jennifer & Maggie (dog) Visit 2:30 Mother's Day Bingo (DR)</p>
<p>Nursing Home Week 11 May 11-17, 25 10:00 Mother's Day Prep (AR) 10:00 Manicures (All Floors) 2:30 Model Your Favourite Outfit Fashion Show (DR) 2:45 Piano with Daniel (DR)</p>	<p>10:00 Chair Yoga (lounges) 12 11:00 1-on-1 (3) 2:30 Museum/Medical History (DR) 6:30 International Nurses Day/Florence Nightingale</p>	<p>10:00 Senior Fitness 13 11:00 1-on-1 (4) 11:30 Outing Mary Brown's Lunch & Shop @ Walmart 2:30 Baking 7:15 Daylin/Elvis Come Back King Show (DR)</p>	<p>10:00 Hairdresser Visit (AR) 14 11:00 1-on-1 (5) 2:30 Jammin with Sherry & Jim & Folk (DR) 6:30 Meditation & Mindfulness (CR) 7:00 NHL Playoff's (CR)</p>	<p>10:00 Fresh Air Walks 15 11:00 1-on-1 (6) 2:30 Decorating Hats for Victorian Tea (AR) 6:30 Finishing Hats (AR)</p>	<p>9:30 Seated Soccer 16 11:00 1-on-1 (2) 2:30 R.C. Communion Service 6:30 The Life of Ruth Buzzi/Laugh In (CR)</p>	<p>10:00 Coffee, Timbits & Conversation (Patio) 17 11:00 1-on-1 (3) 2:30 Bingo (DR)</p>
<p>10:30 Virtual Church Service 18 11:00 1-on-1 (4) 2:00 Epic Cones Food Truck (Front Lawn) 2:30 Bible Readings</p>	<p>10:00 Baking Scones/Cucumber Sandwiches (AR) 19 11:00 1-on-1 (5) 2:30 Victorian High Tea (DR) 6:30 Reminiscing Camping Season & Smores (CR)</p>	<p>10:00 Senior Fitness 20 11:00 1-on-1 (6) 2:30 Outing to Dollarama 6:30 Crossword Group Puzzle (3)</p>	<p>10:00 Hairdresser Visit (AR) 21 10:30 Manicures 11:00 1-on-1 (2) 2:30 Patio/Gardening 6:30 It's A Guy Thing/Fishing in NWO</p>	<p>10:00 Baking for Tea (AR) 22 11:00 1-on-1 (3) 2:30 Welcome Tea (DR) 6:30 Butterfly Gardens (CR)</p>	<p>9:30 Seated Soccer 23 11:00 1-on-1 (4) 12:00 1st BBQ of the Season (Patio) 2:00 Patio Games 6:30 Mini Putt Golfing (Patio)</p>	<p>10:00 Fresh Air Walks 24 11:00 1-on-1 (5) 2:30 Card Bingo (lounges)</p>
<p>10:30 Virtual Church Service 25 11:00 1-on-1 (5) 2:00 All My Relations Drummers (Front Lawn) 3:00 Bannock & Tea (DR)</p>	<p>10:00 Chair Yoga (lounges) 26 11:00 1-on-1 (6) 2:30 Outing to Dollarama 6:30 NHL Playoffs Standings (CR)</p>	<p>10:00 Senior Fitness 27 11:00 1-on-1 (2) 2:30 Baking 6:30 Card Games</p>	<p>10:00 Hairdresser Visit (AR) 28 10:30 Manicures 11:00 1-on-1 (3) 2:30 Resident's Council Meeting (DR) 6:30 Meditation & Mindfulness (CR)</p>	<p>10:00 Fresh Air Walks 29 11:00 1-on-1 (4) 2:30 Resident Birthday Party (DR) 6:30 Colouring Group</p>	<p>9:30 Seated Soccer 30 11:00 1-on-1 (5) 3:00 Anglican Church Service 6:30 Puzzle Group</p>	<p>Smile Day 31 10:00 Fresh Air Walks 11:00 1-on-1 (6) 1:15 Jennifer & Maggie (dog) Visit 2:30 Bingo (DR)</p>