






March 2025

Southbridge Lakehead

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>INTERNATIONAL WOMEN'S Day</p>		 <p>Spring Forward! Daylight saving Time SUNDAY Morning</p>		 <p>Happy St Urho's Day March 16 Finlanders all over the world will celebrate!</p>		<p>Peanut Butter Lover's Day 1</p> <p>10:00 DrumFit 11:00 1-on-1 (2) 12:00 Soup & Bread Lunch (AR) 1:00 Decorating for St. Patrick's Day & Spring 2:30 Bingo (DR)</p>
<p>10:30 Virtual Church Service 2 11:00 1-on-1 (3) 2:00 Bedside Hymns (All Floors) 2:30 Bible Readings</p>	<p>10:00 Exercise Group (All Floors) 3 11:00 1-on-1 (4) 2:30 Making a Poster for Women's Day (AR) 6:30 St. Patrick's Day Colouring</p>	<p>10:00 Senior Fitness 4 11:00 1-on-1 (5) 2:00 Shrove Tuesday/Pancakes (All Floors) 6:30 Grammar Quiz (CR)</p>	<p>Happy 95th Birthday Ernie 5 10:00 Hairdresser Visit (AR) 10:30 Manicures 11:00 1-on-1 (6) 2:30 Nacho Prep (AR) 6:30 Cinco De Marzo & Travel to Mexico (CR)</p>	<p>10:00 Bread Baking with Andre (AR) 6 11:00 1-on-1 (2) 2:30 Hot Chocolate Cart (All Floors) 6:30 It's A Guy Thing/Men's Brier from Kelowna BC</p>	<p>9:30 Seated Soccer 7 11:00 1-on-1 (3) 12:00 Soup & Bread Lunch (AR) 3:00 Anglican Church 6:30 Glamour Girls (AR)</p>	<p>Happy International Women's Day/We Are Stronger Together 8 8:00 Making Muffins for Women's Day 10:15 Celebrating Women's Day Music with Rodney Brown (DR) 11:00 1-on-1 (4) 1:00 Famous Women of the World (CR) 3:00 Outing to Pow-Wow @ LU</p>
<p>Spring Ahead...Daylight Savings Time 9 10:00 Popcorn Day (CR) 11:00 1-on-1 (5) 2:00 A "Wicked" Movie/Part 1 (CR) 2:30 Bible Readings</p>	<p>10:00 Exercise Group (All Floors) 10 11:00 1-on-1 (6) 1:00 Lantern Making (CR) 6:30 A Wicked Movie Part 2 (CR)</p>	<p>10:00 Senior Fitness 11 11:00 1-on-1 (2) 2:30 Traveling Books, DVD's, Magazines 6:30 Cribbage Card Games (CR)</p>	<p>10:00 Hairdresser Visit (AR) 12 10:30 Manicures 11:00 1-on-1 (3) 2:30 Jam with Sherry & Jim 6:30 It's A Girl Thing/Call the Midwife (CR)</p>	<p>10:00 Bread Baking with Benoit (AR) 13 11:00 1-on-1 (4) 2:30 Special Olympics in Italy (DR) 6:30 Colouring Group 6:30 It's A Guy Thing</p>	<p>9:30 Seated Soccer 14 11:00 1-on-1 (5) 2:30 Making Dips for Chips (AR) 6:30 The History of Potato Chips/Sampling & Dips (CR)</p>	<p>10:00 DrumFit 15 11:00 1-on-1 (6) 1:15 Jennifer & Maggie (dog) Visit 2:00 Bingo (All Floors)</p>
<p>St. Urho's Day 16 10:30 Virtual Church Service 11:00 1-on-1 (2) 2:00 Finnish Pancakes(CR)</p>	<p>St. Patrick's Day 17 10:00 Making Scones for Pub (AR) 11:00 1-on-1 (3) 2:30 Murphy's Pub with Rodney Brown (DR) 6:30 Travel to Ireland & Shamrock Shakes (CR)</p>	<p>10:00 Senior Fitness 18 11:00 1-on-1 (4) 2:30 TBay Museum/All About Toys (DR) 6:30 Games</p>	<p>10:00 Hairdresser Visit (AR) 19 10:30 Manicures 11:00 1-on-1 (5) 2:30 Resident's Council Meeting (DR) 6:30 It's A Guy Thing</p>	<p>Spring Equinox & World Happiness Day 20 10:00 Seated Soccer 11:00 1-on-1 (6) 2:30 Coffee, News & Views (AR) 6:30 Colouring Group</p>	<p>9:30 Seated Soccer 21 10:00 Bread Baking with Christian (AR) 11:00 1-on-1 (2) 2:30 R.C. Communion Service (DR) 6:30 Bread & Jam Samplings (AR)</p>	<p>10:00 DrumFit 22 11:00 1-on-1 (3) 2:30 Bingo</p>
<p>10:30 Virtual Church Service 23 11:00 1-on-1 (4) 2:00 Spiritual Sharing (All Floors) 2:30 Bible Readings</p>	<p>10:00 Exercise Group (All Floors) 24 11:00 1-on-1 (5) 2:30 Welcome Tea (DR) 6:30 Crafts</p>	<p>10:00 Senior Fitness 25 11:00 1-on-1 (6) 2:30 Spring Cleaning (Lounges) 6:30 Games</p>	<p>10:00 Hairdresser Visit (AR) 26 10:30 Manicures 11:00 1-on-1 (2) 2:00 Outing to Dollar Tree 6:00 Bannock Baking with Ed (AR) 6:30 It's A Guy Thing/Winter Roads</p>	<p>11:00 1-on-1 (3) 27 1:00 Cornhole Toss Game 2:30 Birthday Party (DR) 6:30 Colouring Group</p>	<p>11:00 1-on-1 (4) 28 11:30 Lunch Outing @ Fort William Curling Club 1:00 Balloon Badminton (All Floors) 3:00 Anglican Church Service (DR) 6:30 Spring Around the World (CR)</p>	<p>10:00 DrumFit 29 11:00 1-on-1 (5) 1:15 Jennifer & Maggie (dog) Visit 2:30 Bingo</p>
<p>10:30 Virtual Church Service 30 11:00 1-on-1 (6) 2:00 Bedside Hymns (All Floors) 2:30 Bible Readings 3:00 Nascar Racing Cook Out 400 (CR)</p>	<p>10:00 Exercise Group (All Floors) 31 11:00 1-on-1 (2) 2:30 Spring Crafts (AR) 6:30 Colouring with Crayon & Taters (AR)</p>				 <p>Spring Equinox</p>	