




September 2024

Southbridge Lakehead

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 Garden Care 1</p> <p>10:00 Traveling Hymns with Jemima (All Floors)</p> <p>11:00 1-on-1 (3)</p> <p>2:30 Make Your Own Pet Rock (AR)</p>	<p>Labour Day (Last Long Weekend of Summer) 2</p> 	<p>Welcome Back Jitto 3</p> <p>9:30 Garden Care</p> <p>10:00 Senior Fitness</p> <p>11:00 1-on-1 (3)</p> <p>2:30 Patio Social</p> <p>6:30 Cribbage & More (CR)</p>	<p>10:00 Hairdresser Visit (AR) 4</p> <p>10:30 Manicures</p> <p>11:00 1-on-1 (4)</p> <p>2:30 Outing to Dolce for Coffee/Dessert</p> <p>2:30 Making a Salad for BBQ (AR)</p> <p>5:00 Supper BBQ (Patio)</p> <p>6:30 The Para Olympics Update (AR)</p>	<p>9:30 Garden Care 5</p> <p>10:30 Lutheran Church Service</p> <p>11:00 1-on-1 (5)</p> <p>2:30 Baking Zucchini Chocolate Cake (AR)</p> <p>3:00 Outing to Dollarama (Centennial Square)</p> <p>6:30 Knitter's Klub (AR)</p>	<p>9:30 Garden Care 6</p> <p>10:00 Fresh Air Walks</p> <p>11:00 1-on-1 (6)</p> <p>2:30 Bingo (DR)</p> <p>6:30 Read A Book/Magazine/DVD (All Floors)</p>	<p>9:30 Garden Care 7</p> <p>10:00 Lost & Found (CR)</p> <p>11:00 1-on-1 (2)</p> <p>1:15 Jennifer & Maggie (dog) Visit</p> <p>2:30 Clothing Sale (CR)</p>
<p>Grandparents Day 8</p> <p>10:00 One Year Passing of Queen Elizabeth (CR)</p> <p>11:00 1-on-1 (3)</p> <p>2:30 Celebrating Our Grandparents (DR)</p> <p>3:00 Build a Sundae Bar & Make a Frame</p>	<p>9:30 Garden Care 9</p> <p>10:00 Chair Dance (2 & 3)</p> <p>11:00 1-on-1 (4)</p> <p>2:00 Outing to Friendship Gardens</p> <p>6:30 Making Ants on a Log (AR)</p> <p>7:00 Gymnastics (CR)</p>	<p>9:30 Garden Care 10</p> <p>10:00 Senior Fitness</p> <p>11:00 1-on-1 (5)</p> <p>2:30 Jam with Rodney Brown</p> <p>5:00 TV Dinners (CR)</p> <p>6:30 Square Dancing</p>	<p>9:30 Garden Care 11</p> <p>10:00 Hairdresser Visit (AR)</p> <p>10:30 Manicures</p> <p>11:00 1-on-1 (6)</p> <p>2:00 Outing to Walmart</p> <p>6:30 It's A Guy Thing</p>	<p>9:30 Garden Care 12</p> <p>10:00 Drum Fit (DR)</p> <p>11:00 1-on-1 (2)</p> <p>1:30 Corn Husking (Patio)</p> <p>2:30 Sweet Corn on the Cob & Butter (All Floors)</p> <p>6:30 Knitter's Klub (AR)</p>	<p>9:30 Garden Care 13</p> <p>10:00 BBQ Prep (AR)</p> <p>11:00 1-on-1 (3)</p> <p>1:30 Outing to Brodie/Orange Medicine Pouch</p> <p>6:30 Beard's Around the World (AR)</p>	<p>9:30 Garden Care 14</p> <p>10:00 Fresh Air Walks (outside)</p> <p>11:00 1-on-1 (4)</p> <p>2:30 Bingo (DR)</p>
<p>10:30 Traveling Hymns with Jemima (Lounges) 15</p> <p>11:00 1-on-1 (5)</p> <p>2:00 Movie Day @ Lakehead (Resident Choice)</p>	<p>Resident's/Family Council Week 16 (September 16-22, 24)</p> <p>10:00 Chair Dance (4&5)</p> <p>11:00 1-on-1 (6)</p> <p>2:30 Baking an Apple Pie (AR)</p> <p>6:30 International Country Music Day (CR)</p>	<p>10:00 Senior Fitness 17</p> <p>11:00 1-on-1 (2)</p> <p>2:30 Glam Up Day (AR)</p> <p>6:30 Card Bingo (CR)</p>	<p>10:00 Hairdresser Visit (AR) 18</p> <p>10:30 Manicures</p> <p>11:00 1-on-1 (3)</p> <p>2:30 Macrame with Holly (AR)</p> <p>6:30 Colouring Fall Pictures (All Floors)</p>	<p>10:00 Baking for Tea (AR) 19</p> <p>11:00 1-on-1 (4)</p> <p>2:30 Welcome Tea (DR)</p> <p>6:30 Pet Bird Day with Chirps & Zea (All Floors)</p>	<p>10:00 Fresh Air Walks 20</p> <p>11:00 1-on-1 (5)</p> <p>12:00 Last Barbeque of Summer</p> <p>2:30 R.C. Communion Service</p> <p>6:30 A Mystery Jigsaw Puzzle/Read/Assemble/Sc (AR)</p>	<p>10:00 Fresh Air Walks (outside) 21</p> <p>11:00 1-on-1 (6)</p> <p>1:15 Jennifer & Maggie (dog) Visit</p> <p>1:30 Outing to Silver Islet General Store (TBD)</p>
<p>Autumn Begins... 22</p> <p>10:30 Decorating for Fall (All Floors)</p> <p>11:00 1-on-1 (2)</p> <p>2:00 Outing to Mission Marsh</p>	<p>10:00 Chair Dance (6) 23</p> <p>11:00 1-on-1 (3)</p> <p>2:30 Making a Fall Decoration (AR)</p> <p>6:30 All In the Family in Honour of Family Day (CR)</p>	<p>10:00 Making Apple Crisp (AR) 24</p> <p>11:00 1-on-1 (4)</p> <p>2:30 Fund Raiser for Alzheimer's (Make a donation & have coffee & Apple Crisp)</p> <p>6:30 A Look @ Centenarians Around the World (CR)</p>	<p>10:00 Hairdresser Visit (AR) 25</p> <p>10:30 Manicures</p> <p>11:00 1-on-1 (5)</p> <p>2:30 Residents Council Meeting (DR)</p> <p>4:45 Supper Outing to Chuck's Roadhouse</p> <p>6:30 A Drive Through the Autumn Leaves of Cape Breton (CR)</p>	<p>10:00 Autumn Word Search (All Floors) 26</p> <p>10:00 Outing to Brodie (Book Sale)</p> <p>11:00 1-on-1 (6)</p> <p>2:30 Birthday Party Celebration (DR)</p> <p>6:30 Knitter's Klub (AR)</p>	<p>9:30 Seated Soccer 27</p> <p>10:00 Apple Tasting & Dip (AR)</p> <p>11:00 1-on-1 (2)</p> <p>3:00 Anglican Church Service (DR)</p> <p>6:30 Apples of the World (AR)</p>	<p>10:00 Outing to the Farmers Market 28</p> <p>11:00 1-on-1 (3)</p> <p>2:00 Good Neighbour Bingo (3)</p> <p>2:30 Good Neighbour Bingo (4)</p> <p>3:00 Good Neighbour Bingo (5)</p> <p>3:30 Good Neighbour Bingo (6)</p>
<p>10:00 Traveling Hymns with Jemima (CR) 29</p> <p>11:00 1-on-1 (4)</p> <p>1:30 Fresh Air Walks</p> <p>2:30 Bedside Bible Readings (All Floors)</p>	<p>Truth & Reconciliation Day 30</p> <p>10:00 Making Orange Bannock (AR)</p> <p>11:00 1-on-1 (5)</p> <p>2:30 Making an Orange Banner (CR)</p> <p>6:30 A Jam with Vernon, Nellie, Jemima & Michael (AR)</p>	