



# August 2024

## Southbridge Lakehead

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00 Breakfast on the Patio <b>4</b> 11:00 1-on-1 (6) 2:30 Bible Readings 3:30 Garden Care</p>	<p>Civic Holiday <b>5</b> </p>	<p>9:30 Garden Care <b>6</b> 10:00 Senior Fitness 11:00 1-on-1 (2) 2:30 Root Beer Floats (Patio) 6:30 Daylin's Variety Show (Front Lawn)</p>	<p>9:30 Garden Care <b>7</b> 10:00 Hairdresser Visit (AR) 11:00 1-on-1 (3) 12:00 BBQ 2:30 The CLE Fair History 6:30 The Heat Wave/A Look @ Summer Weather (AR)</p>	<p>9:30 Garden Care <b>1</b> 11:00 1-on-1 (3) 2:00 Watermelon Slushies (Patio) 6:30 Corn Hole Game (Patio)</p>	<p>9:30 Garden Care <b>2</b> 10:00 Fresh Air Walks 11:00 1-on-1 (4) 2:00 Karaoke (Patio) 6:30 Knitter's Klub with Bonnie (AR)</p>	<p>9:30 Garden Care <b>3</b> 10:00 Fresh Air Walks (outside) 11:00 1-on-1 (5) 2:30 Bingo (DR)</p>
<p>9:30 Garden Care <b>11</b> 10:00 Making Croissants (AR) 11:00 1-on-1 (2) 2:30 Summer Olympics Closing Ceremonies</p>	<p>9:30 Garden Care <b>12</b> 10:00 Exercise Group (All Floors) 11:00 1-on-1 (3) 2:30 No Bake Baking 6:30 Vinyl Records/Take That Old Record Off the Shelf</p>	<p>9:30 Garden Care <b>13</b> 10:00 Senior Fitness 11:00 1-on-1 (4) 2:30 Homemade Ice Cream (CR) 6:30 Left Handers (Right or Wrong)</p>	<p>9:30 Garden Care <b>14</b> 10:00 Hairdresser Visit (AR) 10:30 Manicures 11:00 1-on-1 (5) 2:30 A Summer Jam with Sherry &amp; Jim (Patio) 6:30 Antique Car Club Visit</p>	<p>9:30 Garden Care <b>15</b> 10:00 Men's Exercises Group/weights 11:00 1-on-1 (6) 1:30 Outing to Brodie/Bow Tie Making 6:30 Knitter's Klub with Bonnie (AR)</p>	<p>9:30 Garden Care <b>16</b> 10:00 Fresh Air Walks 11:00 1-on-1 (2) 2:30 Bingo (DR) 6:30 Tell A Joke (AR)</p>	<p>9:30 Garden Care <b>17</b> 10:00 Fresh Air Walks (outside) 11:00 1-on-1 (3) 3:00 Outing to Old Fort/Keeshigun Celebration</p>
<p>9:30 Garden Care <b>18</b> 10:30 Virtual Church Service 11:00 1-on-1 (4) 2:00 A Summer Movie (CR)</p>	<p>9:30 Garden Care <b>19</b> 10:00 Exercise Group (All Floors) 11:00 1-on-1 (5) 1:30 Outing to Boulevard Lake/Picnic 6:30 The Art of Making Sandcastles</p>	<p>9:30 Garden Care <b>20</b> 10:00 Senior Fitness 11:00 1-on-1 (6) 2:30 Traveling Cones 6:30 Card Games (CR)</p>	<p>9:30 Garden Care <b>21</b> 10:00 Hairdresser Visit (AR) 10:30 Manicures 11:00 1-on-1 (2) 2:30 Resident Council Election (CR) 6:30 It's A Guy Thing</p>	<p>9:30 Garden Care <b>22</b> 10:00 Men's Exercises Group/weights 11:00 1-on-1 (3) 2:30 Welcome Tea (DR) 6:15 Summer in the Parking Lot/DaVinci</p>	<p>9:30 Garden Care <b>23</b> 10:00 Fresh Air Walks 11:00 1-on-1 (4) 2:00 Making a Salad for Supper BBQ (AR) 5:00 BBQ on the Patio 6:30 Puzzle Group/Ever Upward (AR)</p>	<p>9:30 Garden Care <b>24</b> 10:00 Fresh Air Walks (outside) 11:00 1-on-1 (5) 1:15 Jennifer &amp; Maggie (dog) Visit 2:30 Fashion Show/Willow Springs</p>
<p>9:30 Garden Care <b>25</b> 10:30 Virtual Church Service 11:00 1-on-1 (6) 2:00 Spiritual Sharing's with Sherry (All Floors)</p>	<p>9:30 Garden Care <b>26</b> 10:00 Exercise Group (All Floors) 11:00 1-on-1 (2) 2:30 Baking with Zucchini (AR) 6:30 Melon Monday (Patio)</p>	<p>9:30 Garden Care <b>27</b> 10:00 Senior Fitness 11:00 1-on-1 (3) 1:30 Fishing Outing 6:30 Corn Hole Game (Patio)</p>	<p>9:30 Garden Care <b>28</b> 10:00 Hairdresser Visit (AR) 10:30 Manicures 11:00 1-on-1 (4) 2:30 Resident Council Meeting 6:30 Beach Party (Patio)</p>	<p>9:30 Garden Care <b>29</b> 10:00 Men's Exercises Group/weights 11:00 1-on-1 (5) 2:00 Making Watermelon Slushies 6:30 Knitter's Klub with Bonnie (AR)</p>	<p>9:30 Garden Care <b>30</b> 10:00 Fresh Air Walks 11:00 1-on-1 (6) 2:30 Games Group 6:30 Making Smore's (patio)</p>	<p>9:30 Garden Care <b>31</b> 10:00 Fresh Air Walks (outside) 11:00 1-on-1 (2) 2:30 Bingo (DR)</p>