



# April 2024

## Southbridge Lakehead

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 10:00 Easter Party Prep (AR) 11:00 1-on-1 (2) 2:30 Easter Tea/Celebration (DR) 6:30 Impractical Jokers' Show	<b>2</b> 10:00 Senior Fitness 11:00 1-on-1 (3) 11:00 Outing to Wacky Wings for lunch & Games 11:00 Clothing Sale (CR) 6:30 Making & Enjoying Peanut Butter & Jelly Day (AR)	<b>3</b> 10:00 A Look @ Rainbow's (AR) 11:00 1-on-1 (4) 2:30 TBay Museum/Transcontine Museum 6:00 Spring/Closet Cleaning (All Floors)	<b>4</b> 10:30 Lutheran Church Service 11:00 1-on-1 (5) 2:30 Making a Carrot Cake (AR) 6:30 Bugs Bunny & Carrot Cake (CR)	<b>5</b> 10:00 Fresh Air Walks 11:00 1-on-1 (6) 2:00 Caricatures Guessing Contest (CR) 6:30 It's A Guy Thing with Jim (CR) 6:30 It's A Girl Thing with Sherry (AR)	<b>6</b> 10:00 DrumFit 10:15 Senior Fitness 11:00 1-on-1 (2) 2:30 A Gathering to Celebrate Ray L through Music & Memories (CR)
<b>7</b> 10:30 Virtual Church Service 11:00 1-on-1 (3) 2:30 Making April Decorations (AR)	<b>8</b> 10:00 Exercise Group (All Floors) 11:00 1-on-1 (4) 2:30 A Solar Eclipse (AR) 6:30 Famous Zoos Around the World (CR)	<b>9</b> 10:00 Senior Fitness 11:00 1-on-1 (5) 1:30 Creating A Sauna Mural (AR) 6:30 Board Games (CR)	<b>10</b> 10:30 Manicures (2,3) 11:00 1-on-1 (6) 2:30 Klown Band (DR) 6:30 Farm Animal Day/Green Acres (CR)	<b>11</b> 10:00 Men's Exercises Group/weights 11:00 1-on-1 (2) 2:30 Outing to Twice As Nice 6:30 Fondue (CR)	<b>12</b> 10:00 Fresh Air Walks 11:00 1-on-1 (3) 3:00 Anglican Church Service 6:30 Grilled Cheese Sandwich (AR)	<b>13</b> 10:00 DrumFit 11:00 1-on-1 (4) 1:15 Jennifer & Maggie (dog) Visit 2:30 Bingo (DR)
<b>14</b> Volunteer Appreciation Week- Every Moment Matters 10:30 Bible Quiz (All Floors) 11:00 1-on-1 (5) 2:30 Afternoon of Laughter (AR)	<b>15</b> 10:00 Exercise Group (All Floors) 11:00 1-on-1 (6) 2:30 Sinking of the Titanic (AR) 6:30 Birds of Spring (CR)	<b>16</b> 10:00 Senior Fitness 11:00 1-on-1 (2) 2:30 100th Birthday Party Celebration 6:30 Card Games (CR)	<b>17</b> 10:30 Manicures (4,5) 11:00 1-on-1 (3) 1:30 Creating a Sauna Mural (CR) 6:30 It's A Guy Thing/NHL Play Offs/Maple Leafs vs. Lightning (CR)	<b>18</b> 10:00 Men's Exercises Group/weights 11:00 1-on-1 (4) 2:00 Outing to Carlittos for Board Games & Coffee 6:30 Money from the World with Zea (AR)	<b>19</b> Malaika's Last Day 10:00 Fresh Air Walks 11:00 1-on-1 (5) 2:30 R.C. Communion Service 6:30 Puzzle Group	<b>20</b> 10:00 DrumFit 11:00 1-on-1 (6) 1:00 Making Popcorn & Treats for Movie 2:15 Cheech & Chong/Up In Smoke (AR) 2:15 Movie Grease (CR)
<b>21</b> 10:30 Virtual Church Service 11:00 1-on-1 (2) 2:00 Spiritual Sharings (All Floors)	<b>22</b> 10:00 Exercise Group (All Floors) 11:00 1-on-1 (3) 2:30 Crafts from Recycled Items (AR) 6:30 Earth Day/Climate Change (AR)	<b>23</b> 10:00 Baking for Welcome Tea (AR) 11:00 1-on-1 (4) 2:30 Welcome Tea (DR) 6:30 World Book Day/Traveling Books, DVD's (All Floors)	<b>24</b> 10:30 Manicures (6,2) 11:00 1-on-1 (5) 2:30 Resident Council Meeting (DR) 6:30 It's A Guy Thing/A Look @ Hockey Greats (CR)	<b>25</b> 10:00 Men's Exercises Group/weights 11:00 1-on-1 (6) 2:00 Outing to Dollarama (Centennial Square) 6:00 Making Bannock (AR) 7:00 Bannock & Grandfather's Seven Teachings (AR)	<b>26</b> 10:00 Fresh Air Walks 11:00 1-on-1 (2) 2:30 Birthday Party Celebration (DR) 6:30 Kids & Pets (AR)	<b>27</b> 10:00 Aromatherapy/G... the Smell (AR) 11:00 1-on-1 (3) 1:15 Jennifer & Maggie (dog) Visit 2:30 Bingo DR)
<b>28</b> 10:30 Virtual Church Service 11:00 1-on-1 (4) 2:30 Bible Readings	<b>29</b> 10:00 Exercise Group (All Floors) 11:00 1-on-1 (5) 2:30 Planting up some Herb Containers (AR) 6:30 Colouring Group (AR)	<b>30</b> 10:00 Senior Fitness 11:00 1-on-1 (6) 2:30 Spring Clean Up 6:30 Monopoly Chance Game (AR)				