


March 2024

Southbridge Lakehead

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|--|---|---|
|  | |  | |  | 9:30 Seated Soccer 11:00 1:1's (6) 2:30 Crafts/Making a Movie Poster (AR) 7:00 Dare to be Scared @ Lakehead 7:00 Movie Night & Popcorn (AR) | 10:00 Balloon Badminton 11:00 1-on-1 (2) 1:15 Fresh Air Walks 2:30 Bingo (DR) |
| 10:00 Virtual Church Service/Bible Readings (CR) 3 11:00 1-on-1 (3) 1:00 Outing to Silver City/Movie One Love 1:30 World Wildfire Day (AR) | 10:00 DrumFit (DR) 4 11:00 1-on-1 (4) 2:30 Lost & Found Clothing (CR) 6:30 Clothing Sale (CR) | 10:00 Senior Fitness (6) 5 11:00 1-on-1 (5) 2:30 Travel to Mexico (AR) 6:30 Cinco de Marcho (AR) | 10:00 Manicures (2, 3) 6 11:00 1-on-1 (6) 2:30 Oreo Cookie Treats (All Floors) 6:30 It's A Guy Thing/Ice Fishing (CR) 6:30 It's A Girl Thing/Pamper Nite(AR) | 10:30 Lutheran Church Service (DR) 7 2:30 Crafts (AR) 2:30 Games Group (DR) 6:30 Cereal Sampling Day (AR) | International Women's Day/We are Stronger Together 8 9:30 Seated Soccer 11:00 1-on-1 (2) 2:30 The Music & Life of Cher (DR) 6:30 The Life & Music of Dolly Parton (CR) | 10:00 Balloon Badminton 9 10:15 Senior Fitness 11:00 1-on-1 (3) 2:30 Bingo (DR) |
| Daylight Savings Change Your Clocks 10 10:30 Virtual Church Service (CR) 11:00 1-on-1 (4) 2:30 Bible Readings (All Floors) | Finntastic Days Start 11 11:00 1-on-1 (5) 2:30 The Upsteella/Upstairs Orchestra (DR) 6:30 What is the Commonwealth (AR) | 10:00 Senior Fitness 12 11:00 1-on-1 (6) 11:30 Outing to Tina's & Dollar Tree 2:30 Outing to Dollarama 6:30 The Finns in Canada (AR) | 10:00 Manicures (4,5) 13 11:00 1-on-1 (2) 2:00 Shopping Outing to Walmart 6:30 It's A Guy Thing/Men's Exercise Group (CR) | 10:00 Creating A Sauna Mural 14 10:00 Weavers & Spinners Guild Demonstration 2:30 A Celebration of Women Artist through Music (DR) 6:30 Colouring Group (AR) | 9:30 Seated Soccer (3) 15 11:00 1-on-1 (4) 2:30 R.C. Communion Service 6:30 Reminiscing About the Hoito (AR) | St. Urho's Day 16 10:15 Senior Fitness 11:00 1-on-1 (5) 1:15 Jennifer & Maggie (dog) Visit 2:30 A Finnish Celebration with Willow Springs/Pancakes & Strawberry Sauce (DR) |
| 10:30 Making Leprechaun Treats (AR) 17 11:00 1-on-1 (6) 1:30 Making Shamrock Shakes (AR) 2:30 Celebrating St. Patrick's Day with Rodney Brown (DR) | 10:00 DrumFit (DR) 18 11:00 1-on-1 (2) 2:30 Bingo (DR) 6:30 Crafts | 10:00 Senior Fitness 19 11:00 1-on-1 (3) 2:30 Caricatures with Joe (DR) 6:30 World Storytelling Day | 10:00 Manicures (6, 2) 20 11:00 1-on-1 (4) 2:30 Spring Cleaning/TBay Museum (DR) 6:30 It's A Guy Thing/Hockey/Auston Mathews/Nylander/TO Maple Leafs (CR) 6:30 It's A Girl Thing (AR) Famous Women | 10:00 Men's Exercise Group (DR) 21 11:00 1-on-1 (5) 2:30 Jam Session (DR) 6:30 Traveling Books, DVD's, Magazines (All Floors) | 9:30 Seated Soccer (4, 6) 22 11:00 1-on-1 (6) 1:30 World Water Day (AR) 3:00 Anglican Church Service 6:30 Let's Sing/We Are the World (DR) | 9:30 Balloon Badminton 23 10:15 Making Homemade Dips (AR) 11:00 1-on-1 (2) 1:15 Jennifer & Maggie (dog) Visit 2:30 A "CELLO" Concert with Grace (DR) |
| 10:30 Virtual Church Service 24 11:00 1-on-1 (3) 2:30 Mocktail/Cocktail Samplings (AR) | 11:00 1-on-1 (4) 25 2:30 Baking 2:30 Welcome Tea (DR) 6:30 Paint Night with Ray (CR) | 10:00 Senior Fitness 26 11:00 1-on-1 (5) 2:30 Birthday Party Celebration (DR) 6:30 Ojibway Legends & Bannock (CR) | 10:00 Manicures (3,4) 27 11:00 1-on-1 (6) 2:30 Resident Council Meeting (DR) 6:30 Quirky Country Music Song Titles (CR) | 10:00 Seated Soccer (5) 28 11:00 1-on-1 (2) 2:30 Making Easter Centerpieces with Nayda & Willow Springs (DR) 6:30 Piano Music of Elton John (CR) | Good Friday 29  | 9:30 Making Babka for Easter (AR) 30 11:00 1-on-1 (3) 1:15 Jennifer & Maggie (dog) Visit 2:30 Easter Bingo (DR) |
| Happy Easter 31 10:00 Easter Bunny Visits (All Home Areas) 10:30 Easter Church Service (CR) 2:30 Baking for Easter (AR) | |  | |  | |  |