





ACTIVITES ARE SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:30 United Church Service (DR) 12:00 Hotdogs & Milkshake Sale to help sponsor the Hike for Hospice (Front Lobby) 6:30 Gardening on the Patio	2 10:00 Group Exercise (4) 10:45 Group Exercise (6) 2:30 Art with Willow Springs (DR) 5:00 Dinner with Donna(CR)	3 10:00 Group Exercise (2) 11:00 Fun & Fitness (3) 2:30 Chair Yoga (4&6)	4 10:00 Group Exercise (4) 10:45 Group Exercise (5) 11:30 Lunch at Folklore Festival 1:30 Jennifer & Maggie (dog) Visit 2:30 BINGO (DR)
5 10:00 Group Exercise (6) 10:45 Fun & Fitness (3) 12:00 Hike for Hospice (Sponsor a Resident to take a Hike)	6 10:00 Music with Lorrina/2,3,4,5,6 10:45 Group Exercise (5) 2:30 Sharing Circle & Hand Drumming (CR) 6:30 Spring Up to Clean Up/Outside of building	7 10:00 Basketball (2) 10:45 Basketball (5) 2:30 Ednelyn Trio (DR) 6:30 Fresh Air Walks	8 10:00 Group Exercise (2) 10:45 Group Exercise (3) 2:30 Elk's Klownd Band (DR) 6:30 Patio Programs with Kopila & Karuna	9 10:00 Group Exercise (4) 10:30 Anglican Church (CR) 10:45 Group Exercise (6) 1:45 Outing to Vanderwees 6:30 Traveling DVD's/Books/Magazines	10 10:30 Anishnabe Church Service (CR) 3:00 Tai Chi (DR)	11 10:00 Group Exercise (4) 10:45 Group Exercise (5) 2:30 Mother's Day Prize BINGO (DR) 
12 10:00 Manicures (AR) 2:30 Fashion Show with Melodies in Motion (DR) 	13 10:00 Group Exercise (6) 10:45 Group Exercise (3) 2:00 Outing to the Art Gallery 6:30 Baking for Victorian Tea (AR)	14 10:30 Sing Along with Inez (DR) 2:30 Making A Lighthouse with Patty (DR) 6:30 Fresh Air Walks	15 Chocolate Chip Day 10:00 Group Exercise (2) 10:45 Fun & Fitness (5) 2:30 Birthday Party (DR) 6:30 Patio Programs with Kopila & Karuna	16 Wear Purple for Peace 10:00 Group Exercise (4) 10:45 Group Exercise (6) 2:00 Outing to CNIB Tech Fair @ the Moose 6:30 Making Hats for the Victorian Tea (AR)	17 10:00 Group Exercise (2) 10:30 Group Exercise (3) 2:30 Roman Catholic Church Service (DR)	18 8:30 Early Bird Breakfast (AR) 10:00 Group Exercise (4) 10:45 Group Exercise (5) 1:30 Jennifer & Maggie (dog) Visit 2:30 BINGO (DR)
19 10:00 Tea Prep (AR) 2:30 A Victorian High Tea (DR)	20 	21 10:00 Group Exercise (2) 10:45 Group Exercise (5) 2:30 Newcomer's Tea (DR) 6:30 Potato Salad Prep (AR)	22 10:00 Group Exercise (4) 10:30 Fun & Fitness (5) 2:30 "Senior Music Makers" (DR) 3:00 Salad Prep (AR) 6:30 Salad Bar Supper on the Patio	23 10:00 Pop Bottle Gardening/Daycare Patio 11:45 Outing for Lunch & Shop @ Northwood Mall 6:30 Making a Spring Wreath (AR)	24 10:00 Group Exercise (2) 10:45 Group Exercise (3) 2:00 Outing to the Quilter's Show @ CLE	25 10:00 Group Exercise (4) 10:45 Group Exercise (5) 2:30 BINGO (DR)
26 10:00 Group Exercise (6) 10:45 Fun & Fitness (3) 2:00 Popcorn & Movie (CR)	27 10:30 Lutheran Church Service (CR) 2:30 Chair Zumba (DR) 6:30 Reminiscing about Camping (AR)	28 10:30 Sing Along with Inez (DR) 2:30 Resident Council Meeting (DR) 6:30 Fresh Air Walks	29 10:00 Group Exercise (4) 11:00 Group Exercise (6) 2:30 Elk's Klownd Band (DR) 7:30 Coffee House with Ted (DR)	30 10:00 Making Homemade Ice Cream (AR) 2:00 Outing to Dollarama /Victoriaville Mall 6:30 Enjoying Homemade Ice Cream (Patio)	31 10:00 Group Exercise (2) 10:45 Group Exercise (3) 1:00 Making Hand Drums with Blue Sky (CR)	