



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>LEGEND</p> <p>(AR)–Activity Room, 2nd fl. (DR)–Dining Room (CR)–Council Room (2, 3, 4, 5, 6) - indicate home areas</p>	<p>ACTIVITES ARE SUBJECT TO CHANGE</p> <div style="border: 2px solid black; padding: 10px; text-align: center;"> <h1>February 2018</h1> </div>			<p>1 9:30 Coffee/Conversation-AR 10:45 Group Exercise (6) 1:15 Group Exercise (4) 2:00 Outing to Walmart 2:30 This N That (3) 6:30 Manicures (5)</p>	<p>2 10:00 Group Exercise (2) 11:00 Fun & Fitness (3) 2:30 Chair Yoga (4&6)</p>	<p>3 8:30 Early Bird Breakfast (AR) 10:30 Program Planning 10:45 Group Exercise (5) 2:30 BINGO (DR)</p>
<p>4 10:00 Group Exercise (6) 11:00 Fun & Fitness (3) 2:30 Memorial Service (DR)</p>	<p>5 10:00 Group Exercise (2) 10:45 Group Exercise (5) 2:30 BINGO (DR) 6:30 Baking Bread Pudding (AR)</p>	<p>6 10:30 Bedside Music 2:30 Museum In A Box (DR) 4:30 Fish Care (6) 6:30 Manicures (4)</p>	<p>7 10:30 United Church Service (CR) 2:30 Birthday Party with music by Donny (DR) 6:30 Making Chocolates (AR)</p>	<p>8 10:00 Group Exercise (4) 10:30 Anglican Church (CR) 11:00 Fun & Fitness (3) 2:00 Outing to play pool 2:30 Traveling Country Cart (All Floors) 5:00 Dinner with Donna (CR)</p>	<p>9 10:00 Group Exercise (2) 10:30 Group Exercise (6) 3:00 Tai Chi (DR)</p>	<p>10 8:30 Early Bird Breakfast (AR) 10:00 Group Exercise (4) 10:45 Group Exercise (5) 2:30 BINGO (DR)</p> 
<p>11 10:00 Group Exercise (6) 11:00 Fun & Fitness (3) 2:00 Spiritual Sharing's with Sherry – all lounge areas</p>	<p>12 10:00 Group Exercise (2) 10:45 Group Exercise (5) 2:30 Valentine's Day Prize BINGO (DR) 6:30 Valentine's Day Craft (AR)</p>	<p>13 10:30 Anishnaabe Church Service (DR) 2:00 Ice Cream Cart (4, 3,5) 4:30 Fish Care (4) 6:30 Ice Cream Cart (2,6)</p>	<p>14 10:30 Baking Cupcakes (AR) 1:30 Metis of Ontario (CR) 2:30 Musical Therapy (DR) 5:30 Couples Dinner (CR) 7:00 Valentine's Day Party with Model A's (DR)</p>	<p>15 9:30 Coffee/Conversation-AR 11:00 Fun & Fitness (3) 1:15 Group Exercise (4) 2:00 Outing to Sports Hall of Fame 2:30 This N That (5) 6:30 Games Group (6)</p>	<p>16 10:00 Group Exercise (2) 10:30 Group Exercise (6) 12:00 Chinese New Year's Luncheon 2:30 Roman Catholic Church Service (DR)</p>	<p>17 8:30 Early Bird Breakfast (AR) 10:00 Group Exercise (4) 10:45 Group Exercise (5) 2:30 BINGO (DR)</p>
<p>18 10:00 Group Exercise (6) 11:00 Fun & Fitness (3) 2:30 Cribbage (AR)</p>	<p>19</p> 	<p>20 10:30 Sing Along with Inez (DR) 2:30 BINGO (DR) 4:30 Fish Care (6) 6:30 Hot Chocolate Cart (4&6)</p>	<p>21 10:00 Musical Therapy (3&5) 2:30 Baby Visits (DR) 6:30 Olympic News (2)</p>	<p>22 9:30 Coffee/Conversation-AR 11:00 Fun & Fitness (3) 12:00 Out for lunch at Swiss Chalet 1:15 Group Exercise (4) 2:30 Crosswords (2) 6:30 Manicures (6)</p>	<p>23 10:00 Group Exercise (2) 10:30 Coffee & Conversation (AR) 10:45 Group Exercise (6) 2:30 Music by Thunder Bay Ukulele Group (DR)</p>	<p>24 8:30 Early Bird Breakfast (AR) 10:00 Group Exercise (4) 10:45 Group Exercise (5) 2:30 BINGO (DR)</p>
<p>25 10:00 Group Exercise (6) 11:00 Fun & Fitness (3) 2:30 Wheel of Fortune (AR)</p>	<p>26 10:30 Lutheran Church Service (CR) 2:30 Chair Zumba (DR) 7:00 Board Games Nite with Boys & Girls Club (DR)</p>	<p>27 10:30 Sing Along with Inez (DR) 2:30 Resident Council Meeting (CR) 2:30 This N That (3) 4:30 Fish Care (4) 6:30 Hot Chocolate Cart (2&5)</p>	<p>28 10:00 Group Exercise (2) 10:45 Group Exercise (5) 2:30 "Senior Music Makers" (DR) 6:30 March Calendars to all floors</p>	<p><i>Please remember to sign up for all Outings and Meal</i></p>		